

STUDENT CODE OF CONDUCT
USD # 469
ACTIVITIES / ATHLETIC DEPARTMENT

Student

I understand that by participating in activities / athletics at USD # 469, I am held at a higher standard than the rest of the student body at USD # 469. Choosing to be in activities / athletics, I am committed to following the activities Code of Conduct. The following are some, but not all, of the policies that I am expected to adhere to. **The entire activity policy can be found in the activity handbook which is on the high school web page.**

1. Not use, possess, buy, sell, transfer, or be under the influence of any tobacco products anywhere at anytime during the school year. (Consequences from USD # 469 Tobacco, Alcohol, & Other Drug Policy will be followed for any and all violations)
2. Not use, possess, buy, sell, transfer, or be under the influence of any alcoholic or cereal malt beverages anywhere at anytime during the school year. (Consequences from USD # 469 Tobacco, Alcohol, & Other Drug Policy will be followed for any and all violations)
3. Not use, possess, buy, sell, transfer, or be under the influence of any controlled substance, as defined by law, (examples include marijuana, cocaine, etc.) anywhere at anytime during the school year. (Consequences from USD # 469 Tobacco, Alcohol, & Other Drug Policy will be followed for any and all violations)
4. Follow the “Good Conduct Rules” at all times. Examples of poor conduct include, but are not limited to, the following: assault, theft, vandalism, acts of violence, etc.
5. **Remove** myself **IMMEDIATELY** from any parties / situations involving alcoholic beverages or any controlled substance, as defined by law.
6. Not be tardy to class.
7. Not be absent from school, unless excused by a parent/guardian.
8. **Be in attendance at school for the entire school day in order to practice or compete in a school sponsored event**, unless absence is approved by an administrator. (i.e.: Doctor / Dentist appointment, approved emergency).
9. Follow the rules as set by individual coaches and sponsors.
10. Exhibit **good sportsmanship** at all times, on and off of the field of play.

Parents / Guardians

As parents of students who have chosen to participate in the extracurricular activities of LHS, you have also committed yourself to certain responsibilities and obligations. The following are **“Tips for Parents”**. The following information can be found in numerous publications including the National Federation of High Schools and Kansas State High School Activities Association handbooks.

1. **RELEASE YOUR CHILD** – Stay close but release your child to the coach or sponsor. Remember, prepare the child for the path, not the path for the child.
 - Kids need to hear one voice, and that voice is the coach’s or sponsor’s voice.
 - Kids will only give 100% to the coach or sponsor when the parents support the coach or sponsor at all times.
2. **MODELING APPROPRIATE SPORTSMANSHIP IS GOOD CITIZENSHIP IN ACTION.**
 - All actions are to be: For, not against; Positive, not negative or disrespectful.
 - The following KSHSAA Rule 52 guidelines will be followed at every USD 469 event and applies to all spectators, not just parents.
 - Be courteous to all (participants, coaches, sponsors, officials, staff and fans)

- Abide by and respect the official's decisions.
- Focus on the team and the team's goals.
- Exercise self control.

3. BUILDING SELF-ESTEEM – Always strive to make your children feel that their value as a person is not tied to their playing time, performance, or winning or losing an event. If young people are making good decisions about friends, academics, alcohol or drugs, they will not only be successful in school, but also throughout their lives. Please join us in promoting positive choices and address your children's poor decisions if or when they arise.

4. POST-CONTEST PARENTING – Handling your children after an event:

- Give your children time and space
- Be a reflective listener when they come to you
- Keep criticisms and corrections in check
- Always address unacceptable behavior

5. ADDRESSING CONCERNS WITH COACHES AND SPONSORS / COMMUNICATION

Please follow the appropriate channels.....1. Student talk to coach 2. Parent talk to coach

APPROPRIATE AREAS TO DISCUSS

- Mental and physical treatment of your children
- Ways to help your children improve
- Concerns about your children's behavior
- Meetings will NOT be held directly before, during or directly after a contest

INAPPROPRIATE AREAS TO DISCUSS

- Playing time
- Team Strategy
- Other team members

WE ARE LOOKING FORWARD TO A GREAT YEAR. YOUR SUPPORT OF YOUR CHILDREN AND OUR PROGRAMS IS APPRECIATED.